Book inventory documentation

First step:

* setup HSQLDB (help [here](https://www.tutorialspoint.com/hsqldb/hsqldb_installation.htm))
* download .zip
* extract it to c:\
* create server.properties with the given example data in the tutorial
* run the following command: java -classpath lib/hsqldb.jar org.hsqldb.server.Server
* ctrl + c to exit
* run the following command: java -classpath lib/hsqldb.jar org.hsqldb.server.Server --database.0 file:hsqldb/demodb --dbn
* ame.0 testdb